

Coach Shockley is one of only 25 active USBC Gold Coaches in the world.

Lessons tailored to any level bowler.

New High Tech Coaching Tools Available



One of the most difficult things for a bowler to do is visualize the ball path from the foul line to the breakpoint. From entry level bowlers to the most advanced, the Torch allows bowlers to see the initial path of the bowling ball like no other product before.

The Torch is a simple light targeting tool used to help with accuracy and alignment. Using LED lights, it reflects a path of light on the lane to help you select the correct launch angle and hit your target time after time. As the player moves left and right, the light will change its position showing



SPECTO IS A NEW TRACKING SYSTEM FOR CENTERS, BOWLERS, AND COACHES. IT RECORDS INFORMATION ABOUT BOWLERS' SHOTS USING AN ADVANCED SENSOR AND DISPLAYS IT TO THEM ON AN EASY-TO-USE APP. THE APP ALSO INCLUDES GAME-LIKE MODULES WORLDS AND CHALLENGES FOR PRACTICING.

USBC Gold Level Certified Coach Richard Shockley

Private Lessons - Adult & Youth

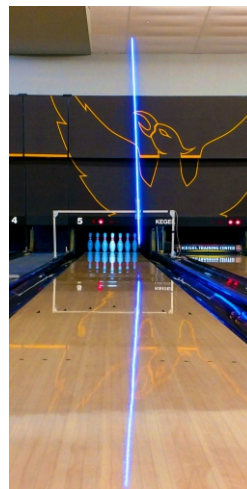
IHSA Rules allow for year round private lessons. (Even during the IHSA bowling season)

Coaching Experience

- Former Head Coach / Vice President Kegel Training Center
- Team USA National Team Assistant Coach
- USA Bowling Gold Coach - Inaugural Class
- USA Bowling National Coach of the Year
- Team USA Junior National Team Head Coach
- Technical Consultant for National Bowling Team of Malaysia
- Head Coach for Qatar National Bowling Team



Improve your game, no matter what level you are from beginner to advanced.



One time lesson rate - \$65 / hour
Special Package - Two lessons for \$99

These lesson do not include the Specto &/or Torch Technology

One time lesson rate - \$75 / hour
Special Package - Three lessons for \$195

These lesson INCLUDE the Specto &/or Torch Technology

All Lessons INCLUDE the bowling fees.

Free Bonus Value

Rockford Area centers donate the bowling fees, because they want to encourage bowlers to take lessons and improve and enjoy the sport more.

Contact Information

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