



HUGE NEWS!!!! RPS 205 has elevated Middle School BOWLING from a club sport to an Official School Sport. And as such will pay for all students to participate just like all the other RPS 205 official sports.

Middle School Bowling



Deadline to sign-up Feb 12th, 2026 or earlier if capacity is reached.
 Don't wait until deadline to register - last year program filled before deadline.

Everyone Makes the Team - NO CUTS

- RPS 205 Middle Schools fielding teams. (Girls & Boys)**
- =====
- Barbour
 - Conklin
 - Eisenhower
 - Flinn
 - Kennedy
 - Lincoln
 - Marshall
 - Montessori
 - RESA
 - West

Why Middle School Bowling?

It's a lot of FUN, learn a lifetime sport, build confidence, meet new friends and the opportunity to participate in a school sport where you don't have to be the fastest, strongest or tallest in your class to achieve success.

Scan QR code to be directed to online registration page or enter <https://bit.ly/MiddleSchoolBowling2026> into your browser.

Register ONLINE ASAP



IMPORTANT
 Parent / Guardian needs to register their student on the form linked to the QR code above AND register on their Specific School's Athletic SNAP website registration page.

FREE to Participate - No Fee
 (The school covers all costs; practices, matches, IESA tournaments, uniforms and awards.)

Joining your RPS 205 Middle School Team
 is a great way to prepare for a RPS 205 High School Team. ALL RPS 205 High Schools have Girls & Boys Bowling Teams.

High School Bowling is one of the Fastest Growing High School Sport in the Country.

Now more than 250 Colleges & Universities offer Bowling as a sport.

Locally, Rock Valley College has a very successful Women's and Men's Colligate Bowling Team, with Multiple National Championships.

Our local Bowling Foundation has awarded over \$2,000,000.00 in scholarships to 815 area youth bowlers.

Detailed schedule on registration page.
Practices will start week of Feb. 16th, 2026 with two practices per week until matches start then 1 practice and 1 match thereafter.
The last match of the season is April 14th



Program certified by the United States Bowling Congress

Do I need to have my own bowling ball and shoes?

No, students may use house balls and shoes for FREE

Is transportation provided?

Last season RPS 205 schools provided transportation. This year as in all years, transportation will be determined by each individual school, based on bus & driver availability, etc.

Do I need to be a good bowler?

Not at All! No bowling experience necessary!

EVERYONE makes the team. NO CUTS!

Your coach will make the program fun and you will become a better bowler!

Questions may be directed to Brad Sommer
 Text or Call 815-978-6076 or doncarterlanes@yahoo.com



Middle School Bowling

2026 Season



Eisenhower & Montessori

Practice & Competition Schedule:

Feb 20th - Practice - Park Lanes
 Feb 23rd - Practice - Park Lanes
 Feb 27th - Practice - Park Lanes
 Mar. 3rd - Match - Cherry Bowl
 Mar. 6th - Practice - Park Lanes
 Mar. 10th - Match - Cherry Bowl
 Mar.13th - Practice - Park Lanes
 Mar.17th - Match - Cherry Bowl
 Mar.20th - Practice - Park Lanes
 Mar. 24th - Match - Cherry Bowl
 Mar. 27th - Practice - Park Lanes
 Mar 30 to April 3 - Spring Break
 (No Practice or Matches)
 April 7th - Match - Cherry Bowl
 April 10th - Practice - Park Lanes
 April 11th - IESA Sectionals - TBD
 April 14th - Match - Cherry Bowl
 April 17 / 18 - IESA State Tournament
 (Teams / Individuals must qualify at Sectionals to bowl State)

April 21st - Top 16 Tournament (Cherry Bowl)
 5:15 PM to 7 PM

End of Season Cosmic Bowl & Awards Party
 Date & Location - TBA

West / Marshall / Kennedy

Practice & Competition Schedule:

Feb 17th - Practice - Don Carter Lanes
 Feb 19th - Practice - Don Carter Lanes
 Feb 24th - Practice - Don Carter Lanes
 Feb 26th - Practice - Don Carter Lanes
 Mar. 3rd - Match - Cherry Bowl
 Mar. 5th - Practice - Don Carter Lanes
 Mar. 10th - Match - Cherry Bowl
 Mar.12th - Practice — Don Carter Lanes
 Mar.17th - Match - Cherry Bowl
 Mar.19th - Practice - Don Carter Lanes
 Mar.24th - Match - Cherry Bowl
 Mar.26th - Practice - Don Carter Lanes
 Mar 30 to April 3 - Spring Break
 (No Practice or Matches)
 April 7th - Match - Cherry Bowl
 April 9th - Practice - Don Carter Lanes
 April 11th - IESA Sectionals - TBD
 April 14th - Match - Cherry Bowl
 April 17 / 18 - IESA State Tournament
 (Teams / Individuals must qualify at Sectionals to bowl State)

April 21st - Top 16 Tournament (Cherry Bowl)
 5:15 PM to 7 PM

End of Season Cosmic Bowl & Awards Party
 Date & Location - TBA

Barbour / Flinn / Lincoln / RESA / Conklin

Practice & Competition Schedule:

Feb 17th - Practice - Cherry Bowl
 Feb 23rd - Practice - Cherry Bowl
 Feb 24th - Practice - Cherry Bowl
 Mar. 2nd - Practice - Cherry Bowl
 The Mar. 2nd practice will only take place if school is in session)
 Mar. 3rd - Match - Cherry Bowl
 Mar. 9th - Practice - Cherry Bowl
 Mar. 10th - Match - Cherry Bowl
 Mar.16th - Practice — Cherry Bowl
 Mar.17th - Match - Cherry Bowl
 Mar.23rd - Practice - Cherry Bowl
 Mar.24th - Match - Cherry Bowl
 Mar 30 to April 3 - Spring Break
 (No Practice or Matches)
 April 6th - Practice - Cherry Bowl
 April 7th - Match - Cherry Bowl
 April 11th - IESA Sectionals - TBD
 April 13th - Practice - Cherry Bowl
 April 14th - Match - Cherry Bowl
 April 17 / 18 - IESA State Tournament
 (Teams / Individuals must qualify at Sectionals to bowl State)

April 21st - Top 16 Tournament (Cherry Bowl)
 5:15 PM to 7 PM

End of Season Cosmic Bowl & Awards Party
 Date & Location - TBA

Practice Times 5 PM to 6 PM

Match Times 5:15 PM to 7:15 PM

Questions

Program Director - Brad Sommer
 text or call (815) 978-6076
 email doncarterlanes@yahoo.com

Is transportation provided?

YES most schools will be arranging for a one way activity bus with some schools providing two way transportation.
 (See your school's athletic director for details)

It is NOT required the students ride the bus.

RPS 205 Bowling Coaches - Contact Information

Barbour - Kelly Whipple - Kelly is a former college bowler, current pro bowler and the current assistant coach for the Rock Valley College Men's bowling team. 920-946-4665 email: bowl815kelly@gmail.com

West - Jim Bannister - Jim is the Auburn High School Girls Bowling Head coach. Jim is also the head instructor for the DCL Youth Leagues. 815-988-1970 kubfans@att.net

Marshall - Mike Talley - Mike is the Assistant coach for Auburn Girls Bowling Team and Youth Coach at Don Carter Lanes 815-742-6866 nwfpdmtalley@gmail.com

Kennedy - Deb Crumbley - Deb is an avid league bowler and has been a volunteer coach for youth programs for many years. 815-289-5443 dccrum59@gmail.com

Lincoln - Andrew Jensen - AJ is on the Storm Bowling Staff. Also a former High School & College Coach 815-402-216-4269 ajsbowling@gmail.com

Conklin - Derek Nichol - Former Jefferson High School Boy's Bowling Coach. 779-537-4648 derek.nichol@rps205.com

Flinn - Sam Vandyke Coach Vandyke is also the current assistant coach of the Belvidere North High School Bowling Team. 815-973-2811 email: samvandyke@comcast.net

Eisenhower - Robert Legoo - Robert is the Guilford High School Boy's Bowling team Head Coach. 779-774-4875 robert_legoo@yahoo.com

Montessori - Tim Nabors Jr - Tim is an assistant bowling coach for the Auburn Boys Team. 815-222-4876 Timothy.nabors.10@gmail.com

RESA - Sabrina Stoltz - Sabrina is a former high level high school bowler herself at Rockford Jefferson. She is currently the Jefferson Head Girl's Bowling Coach 815-990-1359 Sabrina.Stoltz@rps205.com